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hot topics



10-minute organizing makeovers new!

Tackle that clutter by spending 10 minutes a day "power organizing." Here's how.

Every day, choose one task: a paper-strewn desktop, a messy drawer, a disheveled closet. Now set your timer for 10 minutes and sort, toss and organize until the buzzer sounds.

The goal isn't to finish the job in one session but to chip away at it in short, focused bursts known as "power organizing." Once you learn that, it won't be long before you notice dramatic results.

Keep **Ziploc® Brand bags and containers** on hand while you work so you can stash clutter culprits like pens, toiletries, gloves, hats, etc.

Invite a friend to join you so you can keep each other on track and swap daily progress reports.

Avoid distractions: no phone calls, e-mails or television!

Pennsylvania-based artist/author Barbara Lane calls this simple concept life changing. "I realized I could do anything for 10 minutes," she says. Nagging piles no longer hold her back. "I feel freer and lighter, and the creativity just flows now."

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