

# CLEAN CONFIDENCE

What brings on blemishes? See if you know the truth from the old wives' tales. Then clear the way to gorgeous skin – and renewed confidence – with the Clarisonic® Acne Clarifying Collection. It's where sonic technology and acne treatment meet in a powerful one-step cleansing regimen.

## The truth about acne



### CHOCOLATE DOES NOT SPUR SKIN ERUPTIONS

Despite its reputation as an acne instigator, chocolate is innocent. Experts agree that no one food – including candy, french fries, and soda – singlehandedly causes breakouts.



### BATTLING BREAKOUTS BEGINS WITH CLEAN SKIN

To prevent the oil buildup that can encourage acne, wash your face twice a day. Don't scrub! Harsh rubbing can irritate skin and pores.



### SWEATING AT THE GYM LEADS TO ACNE

Excessive perspiration allows grime and dirt to cling to the skin, which in turn may clog pores. Be sure to wash thoroughly after a hearty workout.

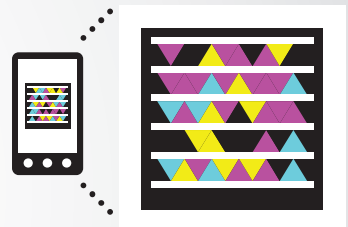
### YOUR BEST WEAPON AGAINST ACNE

Dermatologists not only recommend the Clarisonic® Acne Clarifying Collection, they use it in their practices. The acne cleansing brush is safe for sensitive, acne-prone skin. Plus, the sonic technology – paired with a gentle, blemish-fighting formula – cleans six times better than manual methods.

**clarisonic**  
*The power to be beautiful.*

## Enter the CLEAN CONFIDENCE Sweepstakes!

Three winners will receive the Clarisonic® Acne Clarifying Collection, plus a stress-defying care package complete with spa gift card and yoga gear. To learn more about the system and to enter, snap the 2D tag or visit [allureaccess.com/clarisonic](http://allureaccess.com/clarisonic).



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